

SEPTEMBER 28 – NOVEMBER 22

Up to 26 Professional Development Hours per book

Virtual Book Studies are asynchronous learning opportunities where members engage at their own pace around their own schedule. Reading assignments, discussion forums, and activities that promote application will be released weekly on Mondays. Members are responsible for purchasing their own copy of the book.

In addition, participants from studies are invited to a virtual Collective Conversation. This live gathering will be held during the last week of the study as a way to connect and share with other members.

Collective Conversations

Week of November 17

Specific date and time for each title to be determined

IEA professional learning opportunities are a benefit of membership and are free-of-charge to members. Up to 26 Professional Development Hours (PDHs) will be provided per book based on each participant's hours of engagement. Members may enroll for up to one (1) book this session.

Jenny Seitz, IEA Instructional Resource and Professional Development Director, will facilitate these studies.

DEADLINE TO REGISTER IS SEPTEMBER 22

Scan QR code to get started

If you have questions or need assistance, please contact: Jenny Seitz at jenny.seitz@ieanea.org.



TEACHING & LEARNING VIRTUAL BOOK STUDIES

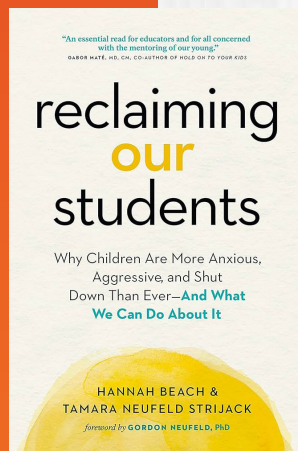


FALL SESSION | 2025



VIRTUAL BOOK STUDIES FALL SESSION LIST

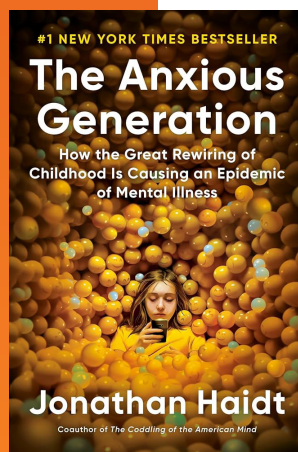
September 28 - November 22



STUDENT WELLNESS

Reclaiming Our Students: Why Children Are More Anxious, Aggressive, and Shut Down Than Ever - And What We Can Do About It by Hannah Beach & Tamara Neufeld Strijack

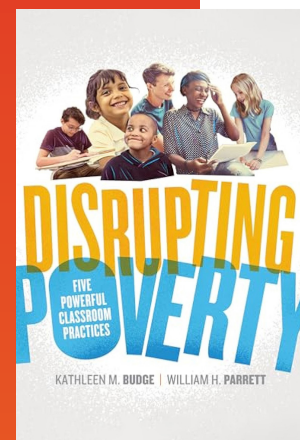
Our children are facing unprecedented levels of emotional instability resulting in behavioral challenges that are presenting themselves in classrooms and homes alike. In this study, we'll explore the questions - "what has happened" and "what can educators do about it?" Using an experiential approach, this book serves as a guide for creating emotional health and safe, inclusive classroom communities by building relationships and making sense of children.



STUDENT WELLNESS

The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness by Jonathan Haidt

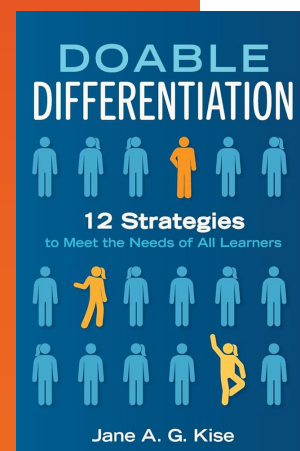
A must-read for educators and parents alike! The Anxious Generation presents the relationship between the rise of social media and the virtual world and the decline of a "play-based childhood." Issuing a call to action and concrete suggestions for parents, educators, schools, big tech, and governments, this book aims to reduce the psychological damage of a phone-based life - for our children and ourselves.



JUSTICE AND EQUITY

Disrupting Poverty: Five Powerful Classroom Practices by Kathleen M. Budge and William H. Parrett

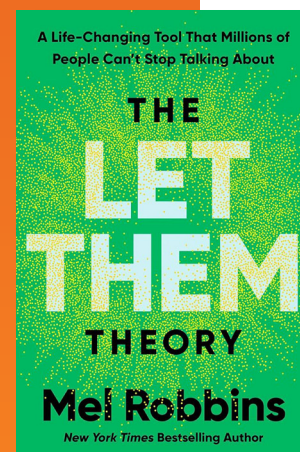
Every day, busses, classrooms, hallways, and cafeterias welcome students who are experiencing the effects of poverty. Disrupting Poverty is a guidebook for educators and support personnel that shares the harmful myths, the hopeful facts, and practical classroom strategies. Through personal reflection and application, readers will learn to proactively address the impacts of poverty to best support the students they serve.



INSTRUCTIONAL STRATEGIES

Doable Differentiation: Twelve Strategies to Meet the Needs of All Learners by Jane A.G. Kise

Differentiating to meet student needs can seem daunting and time-consuming. Explore the benefits of differentiation along with 12 high-reward strategies that can be incorporated into instructional practice immediately to support, engage, and challenge students with diverse learning styles.



EDUCATOR WELLNESS

The Let Them Theory: A Life-Changing Tool That Millions of People Can't Stop Talking About by Mel Robbins

Tending to the personal wellness of educators is paramount if they are to care for the wellness of the students they serve. The Let Them Theory is a tool for anyone who is feeling overwhelmed and burdened by the expectations of those around them - at work and beyond. With two simple words... "Let Them," you can create a life that you love - both personally and professionally - by focusing on what you can control. Want to explore the power that is uniquely yours? This book is for you!