# **COVID-19 Resource links**

#### **COVID-19: Resource Center**

- COVID-19: What's Happening Now
- Four Things You Need to Know CORONAVIRUS
- NNSTOY links composed of one pagers suitable for members.

The U.S. Department of Education released a compilation of resources from the U.S. Centers for Disease Control and Prevention (CDC), including its most recent Interim Guidance for Administrators of U.S. Childcare Programs and K-12 Schools to Plan, Prepare, and Respond to COVID-19. This guidance is intended to help schools understand how to help prevent the transmission of COVID-19 within school communities and facilities and how to react quickly should a case be identified.

#### **School Settings**

- Information For Schools and Child Care on Coronavirus Disease 2019 (COVID-19)
- CDC Guidance for Schools Settings
- CDC Guidance on Environmental Cleaning and Disinfection Recommendations

#### School Staff and Parents

- Arizona Geographic Alliance (Grades K-12). This site has geography lessons for educators to share with students in kindergarten through high school.
- ASCD: Dos and Don'ts for Good Discussions Discussion helps students process new knowledge and skills into deeper learning. But educators know that students need practice and protocols to actively engage in meaningful academic conversations.
  - Practical Tips for Teaching Online Small-Group Discussions three tools to facilitate effective virtual smallgroup discussions.
  - Discussion Strategies to Enhance Creative and Critical Thinking The creative process can benefit from meaningful discussions, but the effectiveness of these discussions depends on the thinking process that accompany them.
  - Three Moves to Elevate Student Discussion Teaching students how to generate different types of questions and how to reflect and monitor progress are essential for deep discussions.
  - Helping Students Balance the Cognitive Load in Academic Discussions Students need support balancing academic content and the nuanced speaking and listening skills required for deep discussions. Here's how to provide scaffolds.
- CDC Guidance on talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children
- Class and Family Book Tasting During Distance Learning
- Council of Administrators for Special Education, Considerations for Special Education Administrators -How to talk about COVID-19 to how to schools should respond to the pandemic.
- Coronavirus Resources: Teaching, Learning and Thinking Critically
- EARTH day lessons Climate Change Lesson Plans for PreK-12 Students
  - This collection serves as a great resource for educators to find a wide-range of relevant preK-12 lessons on climate change, celebrating Earth Day as they continue to lead the conversation around the climate change crisis. What is the difference between weather and climate? How do they impact people and the planet? Are there things we do that can address climate change? Explore curated, free lesson plans, activities and resources from educators and leaders in the field that include content like:
    - A Vanishing Island | Global Oneness Project
    - Human Water Cycle: Water, Food & Energy
    - Healthy Oceans: Preventing Plastic Pollution

- Climate Change Lesson Plans: Pre-K Earth Day Activities
- Climate Change Lesson Plans: Student Climate Strike Teacher Resources
- Climate Change Lesson Plans: Evidence and Impacts
- Climate Change Lesson Plans: Issues and Case Studies
- Climate Change Lesson Plans: Promoting Healthy Oceans
- Climate Change Lesson Plans: Solutions
- Climate Change Lesson Plans: Why March for Science
- Learn more about the <u>March for Science</u> and <u>Earth Day</u>
- Five Ideas to Engage K-2 Students in Math Remotely Using video, interactive platforms, and at-home materials to support math instruction for young students
- Three Recommendations for Supporting Early Elementary Students Remotely
- National Association of School Psychologists has additional guidelines about talking to children about COVID-19 HERE
- Teaching handwashing to students/children
  - Intermediate
  - Junior High/Middle School
  - o Elementary
  - Primary
  - Early Childhood
  - Parents of Young Children
- Social Distancing and Social Responsibility
  - WHAT IS SOCIAL DISTANCING AND HOW CAN IT SLOW THE SPREAD OF COVID-19?
  - The Dos and Don'ts of 'Social Distancing'
  - o Teachable Moments: Timely resources to help K-12 educators encourage social responsibility
  - COVID-19: Why social distancing, having a personal plan is important
- Growing Stronger Even in a Crisis Situation: Mindful Practices to Use Throughout the Day
- Keep Calm, Stay Wise & Be Kind Coping Calendar has 30 suggested actions to look after ourselves and each other as we face this global crisis together.
- Learning Keeps Going a curation of free tools, strategies, tips and best practices for teaching online.
- Protecting Student Privacy on Social Media: Do's and Don'ts for Teachers
- Readworks: Support for Parents and Families
- Resource: 100 activities to share with families.
- Skype Tutorials
- Tips and Strategies on how Teachers Can Keep Their Lessons Going Remotely keeping students engaged using tools such as Google Classroom, Google Forms, and Hangouts.
- Zoom Tutorials
- Zoom Video Conference Etiquette
- Zoomtopia: 10 Zoom Tips and Tricks You May Not Know
- Yale webinars: Using emotional intelligence to combat COVID-19 anxiety
- 100 Activities To Do At Home During School Closures
- 12 Genius Hacks From Teachers on Instagram Adapting to Virtual Teaching
- Using new Statistics in Schools (SIS) resources for all subjects, classrooms powered by Census data.
- Distance Learning Ideas For School Counselors

#### ParaEducator PD Options:

- Infinitec has a full list of archived webinars and resources.
  - Balance Your Conflict

- Dual Diagnosis for Students with ASD: Mental Health Challenges in Autism Depression and Suicide Link to pdf Mental Health Challenges to Autism handout.
- Emergent Literacy 2-part series: (1) The Continuum of Emergent to Conventional Literacy (2) Keeping It Simple: A Framework for Comprehensive Emergent Literacy Instruction
- Para Power! Supervision of Common Areas in Elementary School
- o Reaching New Heights Through Differentiated Visual Supports in the High School Setting
- o What is Autism: An Introduction

#### STARNET

- Region 1 and 3 Early Childhood YouTube Channel PD Videos and Podcast Videos. Some Examples:
  - Reaching and Teaching: Promoting Mental Health in Young Children (26 min). Great information. Pause and discuss! Take notes on key points.
  - Reaching and Teaching: Promoting Safety in Young Children (26 min)
  - Play Based Learning....It's More Than Fun and Games (45 min)

## Podcasts

- The Autism Helper Podcast has a number of episodes on key strategies. Practical tips from a special education teacher on running her autism classroom.
- Swift Unscripted (University of Kansas) Dr. Dan Pollitt: From Paraeducator to Partner Podcasts. Swift has many resources on MTSS, family & community engagement, and administrative leadership.
- Explore the Inclusion Resources. Resources for Co-Teaching, inclusive education, differentiated instruction and collaboration

## All Grades Remote Learning Resource Page

- About ReadWorks
- At Home with Kwame Alexander FREE Writing, Reading, and Learning Resources
- Distance Learning Tips from One Teacher to Another
- Distance Learning Checklist: Preparing for COVID-19 School Closure: Interactive/Printable Handouts This checklist developed by AFT provides educators a one-page reference of considerations for teaching, technology, engaging students with disabilities, and support for English language learners.
- Distance Learning Solutions: The list of educational applications, platforms and resources below aim to help parents, teachers, schools and school administrators facilitate student learning.
- ELA/Literacy Lessons, Achieve the Core, Provides a searchable list of lesson and unit plans for grades K-5 in English language arts. Novel units can be printed, shared, and sent home in a pack.
- Grade level relief packs for free writing, phonics, science, math, reading, English, and social studies resources.
- International Children's Digital Library
- Listenwise is a collection of more than 2000 lessons. Listenwise features brief nonfiction audio stories for students in grades 2-12.
- National Agriculture in the Classroom
- National Geographic Kids
- Resources from NEA, Resources for Online Learning
- PBS Learning Media PreK-12 Resources
- PBS Learning Media Teaching Resources
- Podcast: Remote Collaborating and Planning Timely Tips from AASA, Digital Promise, and CoSN how to convene and collaborate through digital platforms.
- The New Teacher Project Resource for Learning at Home
- Learn how to turn your PDF or hard copy worksheet into an editable digital worksheet.
- CharacterStrong offers K-12 social-emotional learning and character development curriculum.

- EdModo: Communicate with students, share documents and assignments, and provide collaborative space
- Free educational games, activities, quizzes, and more at Sheppard Software.
- Wonderopolis<sup>®</sup> a place where natural curiosity and imagination lead to exploration and discovery in learners of all ages.
- Create awesome digital books with Book Creator.
- Kahoot provides extended learning beyond live games and classroom walls and encourages accuracy over speed with student-paced games.
- Screencast-o-matic Create and share high-quality screencasts without breaking the bank
- Amplify has assembled resources to help those using the program to implement remote learning plans.
- Free, quick reading and writing videos for K-12 students from Smekens Education Solutions.
- Distance Learning Ideas For School Counselors
- If you use Google for Education, you'll want to check out this website.
- The Big Life Journal engaging resources that help kids develop growth and resilient mindsets. Sign up to receive free weekly printables, podcasts and companion materials can be found on the website.
- Arizona State University has publicized access to three free educational resources for K-12.
  - "Ask an Anthropologist" and "Ask a Biologist" Activities include teacher toolkits with lesson ideas, podcasts with transcripts and videos showing the scientists in action, articles, puzzlers, experiments and the ability for students to ask experts questions.
  - "Virtual Field Trips" provides 18 virtual trips with photos, explanations, short videos and maps.
- IL Eggs in the Classroom incubation series plus daily updates and more resources about embryology and poultry.
- Nikon is offering free online photography classes for all of April.
- PBL for Remote Learning microsite project ideas and technology tools to educational equity and best practices.
- Seesaw: A remote learning environment that allows you to use learning resources you already have and upload them digitally for students to access from.
- Quizlet, a mobile and web-based study application that allows students to study information via learning tools and games, is offering FREE access to Quizlet Teacher through June 30, 2020.
- Newsela: K-12 lesson solutions for every subject, student, and school FREE access to Newsela's entire product suite for the rest of the 2019/2020 school year.

#### **Teaching Resources PreK–5 grade level**

- Coronavirus Lesson Plan Grade Levels: 3-5 This lesson plan can be completed over several class periods.
- Curated resources and learning activities at "IDEA's for Home Learning Site"
- Enrichment Learning Resources
- EduTopia iPad Apps (Grades K-2) resources to help you find apps, learn best practices, and explore ideas for engaging activities.
- Free Audible Stories for kids of all ages.
- Physical Education Chicken Fat song and workout routine, done by a Physical Education teacher
- Teaching Remotely: Free Resources and Strategies for grades K-12.
- Adventure Academy students play games to learn across a range of topics including math, reading, social studies, science, and more!
- Mrs. Nussbaum Learning Fun free lessons and resources, all subjects, grades K-8.
- Digital Breakout Edu Fun@Home: a collection of digital games, grades K-8.
- Free Daily Check-In Google Forms for Distance Learning
- Edublogs: Customizable classroom blogs get students writing and collaborating, Grades 3-12.
- Miss Kim's Page Mindfulness, Activities, Resources, & More, PreK K.

- Document this experience with a 2020 Covid-19 Time Capsule.
- Free access to a library of four grade-specific digital editions of TIME for Kids, grades K-6.
- Turnkey teaching tools, with worksheets and quizzes for families or teachers, available at Time for Kids, grades K-6.
- Computer Science
  - Activities that do not require a device Unplugged Activities grades K-12
  - FULL ACCESS to CodeMonkey until schools re-open a fun and educational game-based environment where kids learn to code.
  - Hour of Code with free one-hour tutorials, lessons, and resources grades K-12
  - Unplugged option for learning CS Coloring Book grades K-12
  - Students can use Scratch to code their own interactive stories, animations, and games while learning to think creatively, reason systematically, and work collaboratively. All subject areas, grades K-6.

#### • English/Language Arts

- Authentic content from NewsELA the world's most trusted providers turned into learning materials that are classroom-ready grades 3-12.
- Reading Strategies and Activities for Students at Risk for Reading Difficulties, Including Dyslexia, Grades K-5.
- Starfall educational games, stories and lessons, PreK-3.
- Strengthen comprehension and verbal and written skills for English-language learners (Grades PreK-8) with Storyline Online.
- Simply Kinder Books read by authors and celebrities
- o Curriki provides teacher-vetted, open-resource lesson plans and materials for English Language Arts.
- Listenwise is a collection of more than 2000 lessons. Listenwise features brief nonfiction audio stories for students in grades 2-12.
- VOOKS brings children's books to life with animated illustrations, read-a-long text and narrated story. FREE FIRST YEAR of Vooks exclusively to all school teachers and homeschool educators!

## • English Language Learners

- The Fable Cottage Bilingual stories for language learners.
- Fine Arts
  - Art Factory Free art lessons
  - Design Bingo Shareable Student choice in art activities
  - The Kennedy Center Lesson plans for teachers
  - Mr. Holder's Music Class Free, online music classes on M, W, F at 10:30am, Grades K-2.
  - SmartMusic is a web-based suite of music education tools that support efficient practice, helping musicians to develop and grow (currently being offered free through June 2020 to closed schools).
  - Art for Kids Hub art lessons, painting and origami for kids.
  - Teaching Theatre in the Era of COVID-19: Curriculum ideas for the online theatre classroom.
  - Virtual Art Educators Live and archived visual art education webinars, sessions, workshops.
- Mathematics
  - Estimation meets mystery Esti-Mysteries
  - Which One Doesn't Belong thought-provoking puzzles for math teachers and students
  - o Boddle math platform: track student progress remotely and quickly identify learning gaps.
  - Khan Academy offers a wide range of lessons for students at every level.
  - Funbrain offers hundreds of games, books, comics, and videos that develop skills in math, reading, problem-solving and literacy, grades K-8.

- YouCubed Tasks a curated set of K-12 mathematics tasks from YouCubed and the Stanford Graduate School of Education.
- Happy Numbers FREE, online math instruction until the end of the year, Grades PreK-5.

## • Physical Education / Health and Wellness

- EverFi online curriculum that is free to educators at this time.
- GoNoodle Movement lessons and activities.
- Kids, Yoga and More Indoor activities for 30 minutes a day of physical activity to stay healthy! PreK-K.
- PE with Coach Wood fun, creative, and awesome PE workouts, Monday thru Friday, grades K-8.

## • Science

- National Science Foundation Classroom Resources--a diverse collection of K12 lessons and web resources for classroom teachers, their students and students' families.
- National Science Teaching Association (NSTA) free K-12 teaching resources Over 800 lesson plans, book chapters, videos, simulations, and more - vetted by NSTA curators.
- Siemens STEM Day a variety of K-12 tools and resources with original hands-on activities, career connections, and a teacher support center including an implementation Toolkit.
- CreositySpace a unique inquiry-based, learner-directed science curriculum that connects ALL K-5 students to science and capitalizes on their creativity and curiosity.
- Exploratorium tinkering activities encourage students to "think with your hands" using items around the house.
- Science Snacks: tabletop exhibits or explorations of natural phenomena that teachers or students can make using common, inexpensive, readily available materials.
- Social Emotional Learning
  - Free apps for regulation and deep breathing all students can use to practice regulation and deep breathing grades K-12.
  - Boston Children's Hospital has produced **free online professional development trainings** for educators on social-emotional learning and behavioral health in schools.

# • Social Studies

- Engaging Congress a FREE, fun, interactive game that uses primary source documents to explore the basic tenets of representative government.
- National Geographic Kids grades K-6.
- KidCitizen interactive episodes where K-5 students work with primary source photographs to explore Congress and Civic Engagement.
- Bringing History Home Instructional units sequentially develop student skills and knowledge in history across the K-5 grade levels.
- STEM
  - STEM Classes for students offered by IEA member Nick Duda. Opening up his STEM classes to all students.
  - Pringles Ring STEM Challenge an engineering challenge in which students create a ring using only Pringles chips, no tape or glue allowed!
  - Fun STEM activity where you build your own cotton ball launcher from readily available materials!
- World Language
  - CASLS Games2Teach free downloadable classroom activities in over 17 languages for novice, intermediate, and advanced learners that accompany digital games, grades K-12.
  - Google World Wonders Project a resource to virtually discover some of the most famous sites on earth in a variety of languages, grades K-12.

- Writing
  - Boreal Tales: a literary and artistic creation platform designed to motivate school students to write, Grades 1-8.

#### **Teaching Resources 6-12 grade level**

- Coronavirus Resources: Teaching, Learning and Thinking Critically
- Enrichment Learning Resources
- Free Audible Stories for kids of all ages.
- Lesson Plans and Resources: 6-8 Grade Level
- PBS: News for Students and Teacher Resources 6–12 Grade Level
- PBS Lesson Plans: Resources 6–12 Grade Level
- The "35 Must-Watch Ted Talks for Kids and Teens" for middle school
- The Smithsonian Tween Tribune (high school), Allows high school teachers to create an account, set up a class, and assign grade-appropriate readings which are accompanied by quizzes, which allows teachers to monitor responses through the online dashboard.
- Teaching Remotely: Free Resources and Strategies for grades K-12
- Mrs. Nussbaum Learning Fun free lessons and resources, all subjects, grades K-8.
- Digital Breakout Edu Fun@Home: a collection of digital games, grades K-8.
- Edublogs: Customizable classroom blogs get students writing and collaborating, Grades 3-12.
- Document this experience with a 2020 Covid-19 Time Capsule, Grades PreK-8.
- Free access to a library of four grade-specific digital editions of TIME for Kids, grades K-6.
- Turnkey teaching tools, with worksheets and quizzes for families or teachers, available at Time for Kids, grades K-6.
- Fiveable offers live streams, trivia battles and Q&A forums where students can connect directly with teachers across 15 different AP subjects within English, STEM, History and Social Sciences.
- Computer Science
  - Activities that do not require a device Unplugged Activities grades K-12
  - An interactive AP Computer Science A course (Java) with lots of coding exercises and practice questions.
  - Hour of Code with free one-hour tutorials, lessons, and resources grades K-12
  - Hour of Unplugged option for learning CS Coloring Book grades K-12
  - Students can use Scratch to code their own interactive stories, animations, and games while learning to think creatively, reason systematically, and work collaboratively. All subject areas, grades K-6.
- English/Language Arts
  - Authentic content from NewsELA the world's most trusted providers turned into learning materials that are classroom-ready - grades 3-12.
  - The Smithsonian Tween Tribune (high school), Allows high school teachers to create an account, set up a class, and assign grade-appropriate readings which are accompanied by quizzes, which allows teachers to monitor responses through the online dashboard.
  - o Curriki provides teacher-vetted, open-resource lesson plans and materials for English Language Arts.
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  - Art Factory Free art lessons
  - Design Bingo Shareable Student choice in art activities
  - The Kennedy Center Lesson plans for teachers

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- Virtual Art Educators Live and archived visual art education webinars, sessions, workshops.
- Teaching Theatre in the Era of COVID-19: Curriculum ideas for the online theatre classroom.

## • Mathematics

- Estimation meets mystery Esti-Mysteries
- Which One Doesn't Belong thought-provoking puzzles for math teachers and students.
- Khan Academy offers a wide range of lessons for students at every level.
- Funbrain offers hundreds of games, books, comics, and videos that develop skills in math, reading, problem-solving and literacy, grades K-8.
- YouCubed Tasks a curated set of K-12 mathematics tasks from YouCubed and the Stanford Graduate School of Education.
- Physical Education / Health and Wellness
  - EverFi online curriculum that is free to educators at this time.
  - Teach your students the impact of physical activity on health and wellness with these fun, interactive lessons and family activities from NFL Play 60, grades 6-8.
  - PE with Coach Wood fun, creative, and awesome PE workouts, Monday thru Friday, grades K-8.
- Science
  - National Science Teaching Association (NSTA) free K-12 teaching resources Over 800 lesson plans, book chapters, videos, simulations, and more - vetted by NSTA curators.
  - National Geographic, Kids
  - National Science Foundation Classroom Resources--a diverse collection of K12 lessons and web resources for classroom teachers, their students and students' families.
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  - The Smithsonian Tween Tribune (high school), Allows high school teachers to create an account, set up a class, and assign grade-appropriate readings which are accompanied by quizzes, which allows teachers to monitor responses through the online dashboard.
  - Ted-Ed Online- Science Media short 2-10 minute video animations, in which students can watch, think (consider what they have learned), dig deeper with a reading.
  - PhET Chemistry Simulations FREE interactive math and science simulations. Explore chemistry specific topics through simulations are available for use in lessons. Lesson plans available for educators.
  - Science Snacks: tabletop exhibits or explorations of natural phenomena that teachers or students can make using common, inexpensive, readily available materials.
- Social Emotional Learning
  - Free apps for regulation and deep breathing all students can use to practice regulation and deep breathing grades K-12.
  - Manage stress workbook for students to use as they reflect and work through their stress.
  - Boston Children's Hospital has produced **free online professional development trainings** for educators on social-emotional learning and behavioral health in schools.
  - Connect with others in a compassionate, mindful, and meaningful way with 5 Radical Minutes based on research about the brain and the efficacy of both restorative practices and trauma-informed methodology in education.
  - SEL tool improve school culture Digital Kindness Wall
- Social Studies
  - Engaging Congress a FREE, fun, interactive game that uses primary source documents to explore the basic tenets of representative government.
  - o iCivics Put your students into action with these games and lessons, grades 7-12.

- Smithsonian History Explorer History Explorer is the online portal for free, standards-based K-12 resources including lesson plans, interactives, videos, and artifacts from the National Museum of American History.
- TED Ed Geography: A collection of short videos to teach geographic concepts, grades 6-12.
- EconEdLink FREE economics lessons for grades 6 8.
- STEM
  - STEM Classes for students offered by IEA member Nick Duda. Opening up his STEM classes to all students.
  - GameSalad education platform that teaches STEM and STEAM with a game design focus. Available free until the end of May 2020 to schools affected by closing

#### • World Language

- CASLS Games2Teach free downloadable classroom activities in over 17 languages for novice, intermediate, and advanced learners that accompany digital games, grades K-12.
- Google World Wonders Project a resource to virtually discover some of the most famous sites on earth in a variety of languages, grades K-12.
- Writing
  - Boreal Tales: a literary and artistic creation platform designed to motivate school students to write, Grades 1-8.

#### **Multilingual Resources**

- Coronavirus: Multilingual Resources for Schools
- CDC Handwashing Classroom lessons and activities and Instructional videos for students
- CDC Handwashing Instructional posters and Fact sheets

#### **Higher Education – Online Learning**

- Inside Higher Ed: Moving from F2F to Online Practical Advice for Instructors
- Chronicle of Higher Education: Going Online in a Hurry
- Educause: Notes for Going Online Midsemester
- Inside Higher Ed: Peer Advice for Teaching Online for the First Time
- Slate: "Professors, don't be scared. Teaching online is great."
- Keep Teaching: Resources for Higher Ed
- Crowd-sourcing Teaching Online with Care
- Remote Teaching Resources for Business Continuity [links to various college and university remote teaching resources]
- "How to Make Your Online Pivot Less Brutal" (Chronicle of Higher Education)
- University of Illinois at Springfield: COLRS

#### **Students Participating in International Study**

CDC Guidance for Institutions with Students Participating in International Travel or Study Abroad Programs

## Webcams (Live), Virtual Tours, and Virtual Field Trips

Calendar of Virtual Field Trips for Families – March & April 2020

Animal

- Duke Farms Eagle Cam: New Jersey
- FarmFood 360
- Wolf Conservation Center

#### Architecture

- Ancient Rome Virtual Tour with Course
- Anne Frank House Virtual Tour
- Buckingham Palace
- Great Wall of China 360
- Great Wall of China Virtual

#### Arts & Culture

- Detroit Institute of Arts
- Google Arts and Culture
- High Museum of Art, Atlanta, Civil Rights
- Kennedy Center, LUNCH DOODLES with Mo Willems!
- Metropolitan Museum of Art
- MoMA (Museum of Modern Art)
- Museum of Fine Arts
- National Gallery of Art
- The Great Pyramids
- Washington DC Architecture

#### Aquarium

- Clearwater Marine Aquarium (home of Winter the dolphin)
- Georgia Aquarium
- Monterey Bay Aquarium
- National Aquarium Live Cams: Baltimore
- National Aquarium Virtual Tour: Baltimore
- National Aquarium: Washington

#### Field Trips (Virtual)

- Discovery Virtual Field Trips
- Ellis Island Interactive Tour
- Explore.Org Live Cams
- Farm Food 360 11 Farm Tours
- National Geographic, Kids

#### Museum

- British Museum London
- Detroit Institute of Arts
- Field Museum: Chicago
- Georgia O'Keeffe Museum
- Getty Museum
- Guggenheim Museum, NYC
- High Museum of Art, Atlanta, Civil Rights
- The Louvre

- Metropolitan Museum of Art
- Museum of Fine Arts
- Musee d'Orsay, Paris
- MoMA (The Museum of Modern Art)
- NASA
  - Glenn Research Center
  - Langley Research Center
- National Air & Space Museum Smithsonian
- National Museum of Anthropology, Mexico City
- National Museum of Natural History, Smithsonian
- National Museum of Modern and Contemporary Art, Korea
- National Women's History Museum, online exhibits and oral histories
- Smithsonian History Explorer
- Solomon R. Guggenheim Museum
- Thyssen-Bornemisza Museum
- VanGogh Museum: Amsterdam

#### Music

- Berlin Philharmonic: Digital Concert Hall
- Metropolitan Opera

#### Science

- Liberty Science Center: New Jersey
- NASA Mission Operations Room
- National Park Service Virtual Tours
- Nature Conservancy: Nature Works

#### **Theme Parks**

• Walt Disney World

#### World

- World Panoramas
- You Visit: Virtual-Reality-360-Degree Experiences world locations

#### Zoo

- Atlanta Zoo Panda Cam
- Cincinnati Zoo week days at 3pm.
- Houston Zoo
- Monterey Bay Aquarium
- National Aquarium
- Reid Park Zoo: Tucson, AZ
- San Diego Zoo
- Smithsonian National Zoo: Washington

The <u>National Theatre Live</u>, which records, and broadcasts stage shows from London's West End to movie theaters worldwide, is unveiling a new at-home initiative amid the closure of theaters. **Beginning April 2**, audiences can watch a number of National Theatre Live's live-captured productions for free via the <u>National Theatre's YouTube channel</u>. Every

Thursday at noon PST, a production — filmed in front of an audience in the theater — will be streamed and then be available on demand for seven days.

## Self-Care

- Common Sense Media-<u>Help Your Family De-Stress During Coronavirus Uncertainty</u>
- from Understood <u>How to Stay Calm and Be More Productive</u>
- NEA <u>Pause. Breathe. Win</u>.
- Free for Teachers <u>Stop, Breathe, and Think for Educators</u>
- Smiling Mind <u>Thrive Inside with Smiling Mind</u>