

We are pleased to announce that we have purchased 10 copies of the film *Resilience, The Biology of Stress & the Science of Hope.* Resilience and Paper Tigers were made as a documentary duo, providing complementary perspectives on Adverse Childhood Experiences (ACEs) and what is being done about them. Resilience is a **one-hour** film that delves into the science of ACEs and the birth of a new movement to treat and prevent Toxic Stress.

This movie focuses on experts and practitioners in the fields of medicine, education, social work, and with communities who talk about the effects of ACEs. And they are using cutting edge science to help the next generation break the cycles of adversity and disease.

We will follow the same procedures to request this film as we did to request Paper Tigers:

- The region chair, the UD or associate staff, or the President of the local must request follow-up. We will not send the DVD to a member without confirmation from one of the people mentioned.
- 2. An online request form will still need to be filled out to request the DVD, and the terms of the agreement from the production company will need to be honored.
- 3. The film will need to be returned when the showing is over. Please send the DVD to Janet Miller at 100 E. Edwards, Springfield, IL 62704.

A moderator guide and instructions on how to provide clock hours will be in next week's News You Can Use.