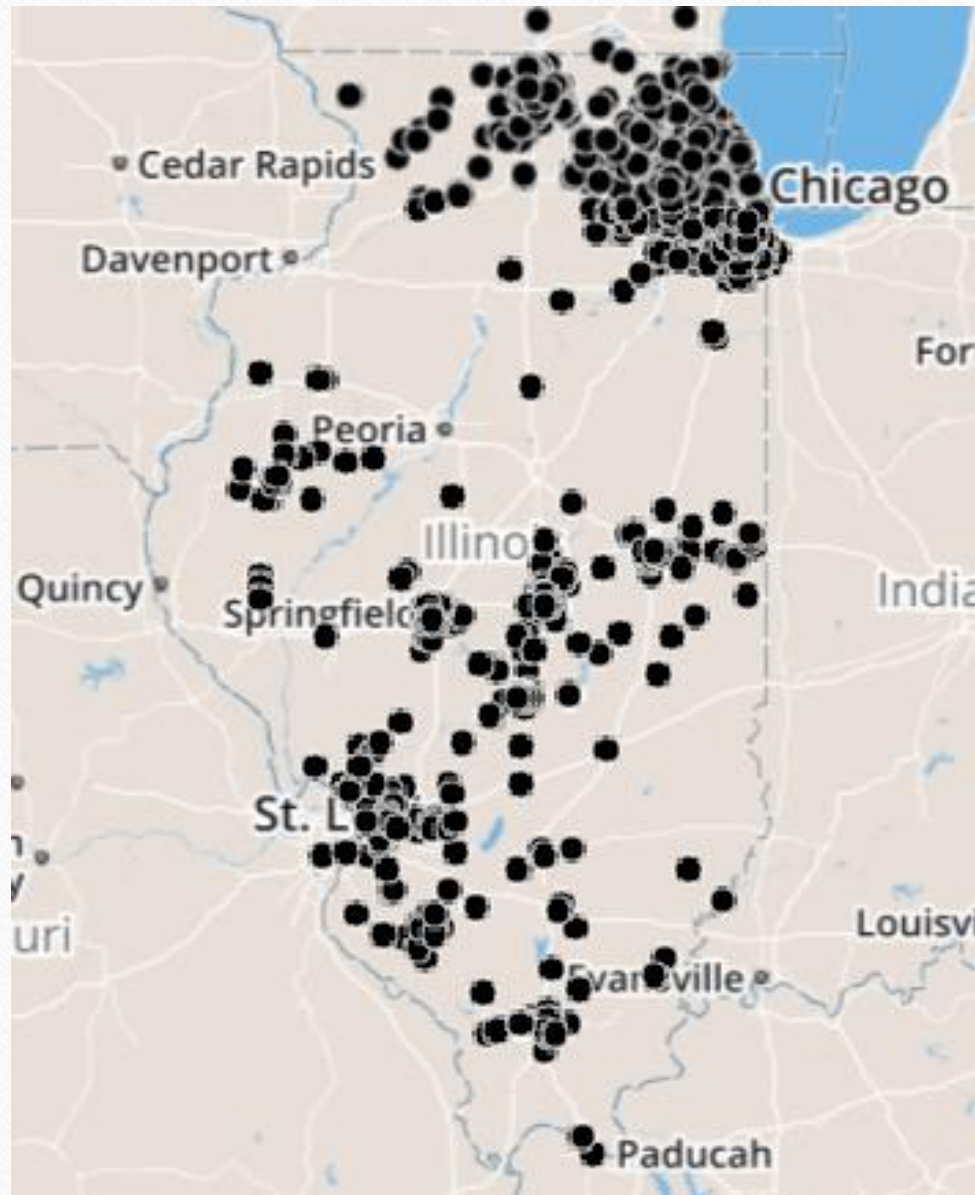




IEA's *Vision:* Building trauma-informed systems for our students and their families



IEA members
participating in ACEs,
Resilience, Whole
Child events



Trauma-Informed Partnership



- Awareness
- Cultural shift
- Systemic change

A red pushpin is pinned to the top center of a blue rectangular sticky note. The sticky note is attached to a light-colored, textured surface.

Year One

PAPER TIGERS

One high school's unlikely success story.



"Absolutely riveting, profoundly important."
New York Times journalist and author, David Shields



A KPJR Film Production "PAPER TIGERS" Produced by JAMES BEEFORD & SARAH PRITZGER
EDITED BY JEN RYANWELL Music by TODD MOFFETT/REDUX Co-Producer DANIE SCHWARTZ
Line Producer SHANNON STAPONE, JOYWOOD Cinematography by TILLO SPORWOOD
Directed by JAMES BEEFORD Executive Producer SARAH PRITZGER

KPJR
FILMS

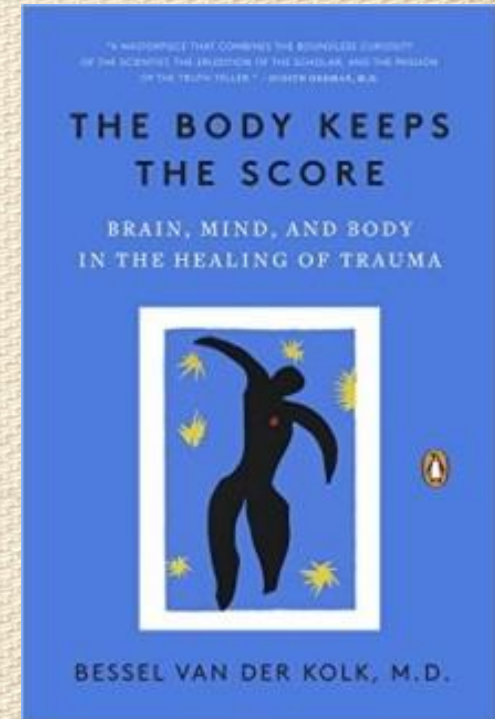
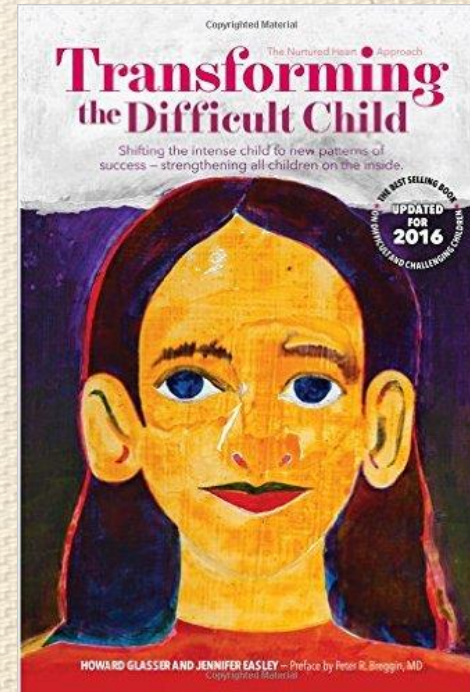
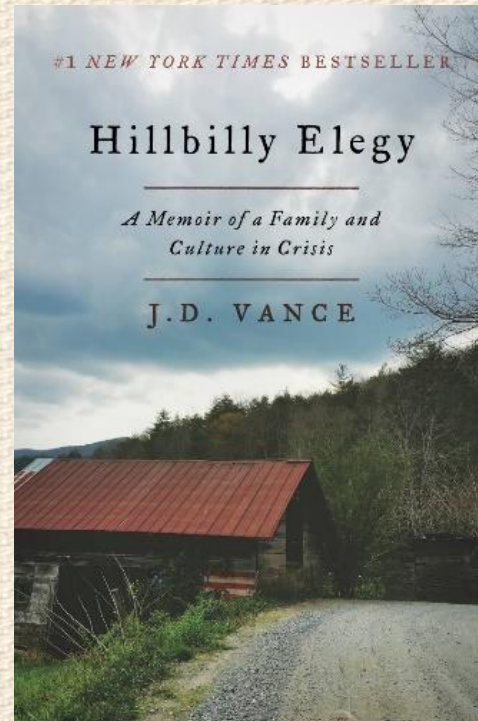
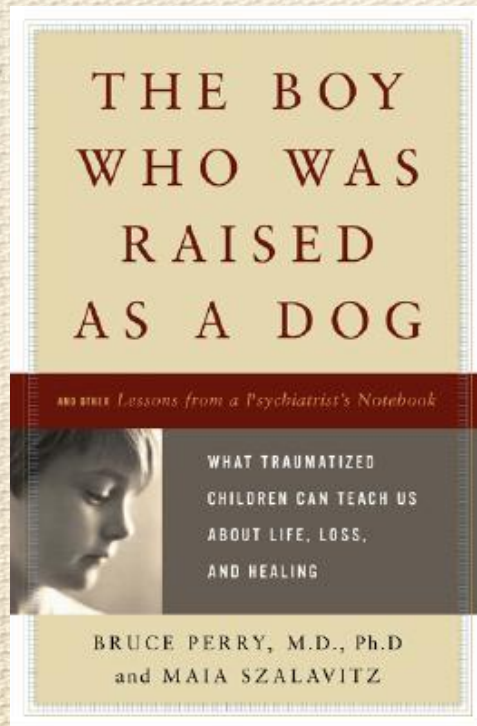
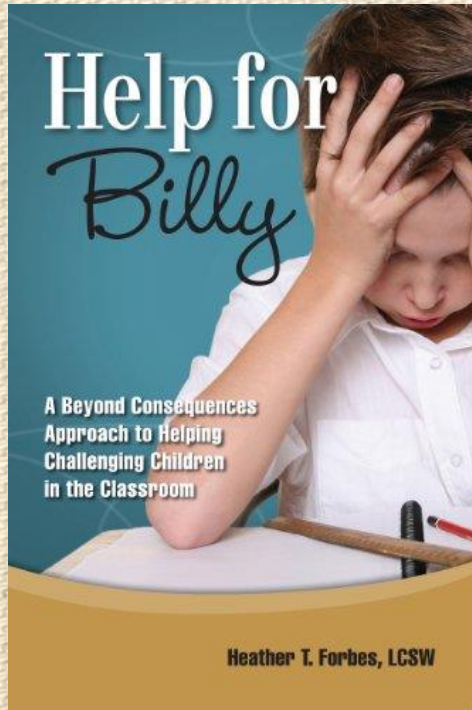
© 2013 KPJR Films LLC. All rights reserved.
www.paper-tigers.com



Starting the conversation...



Book Studies



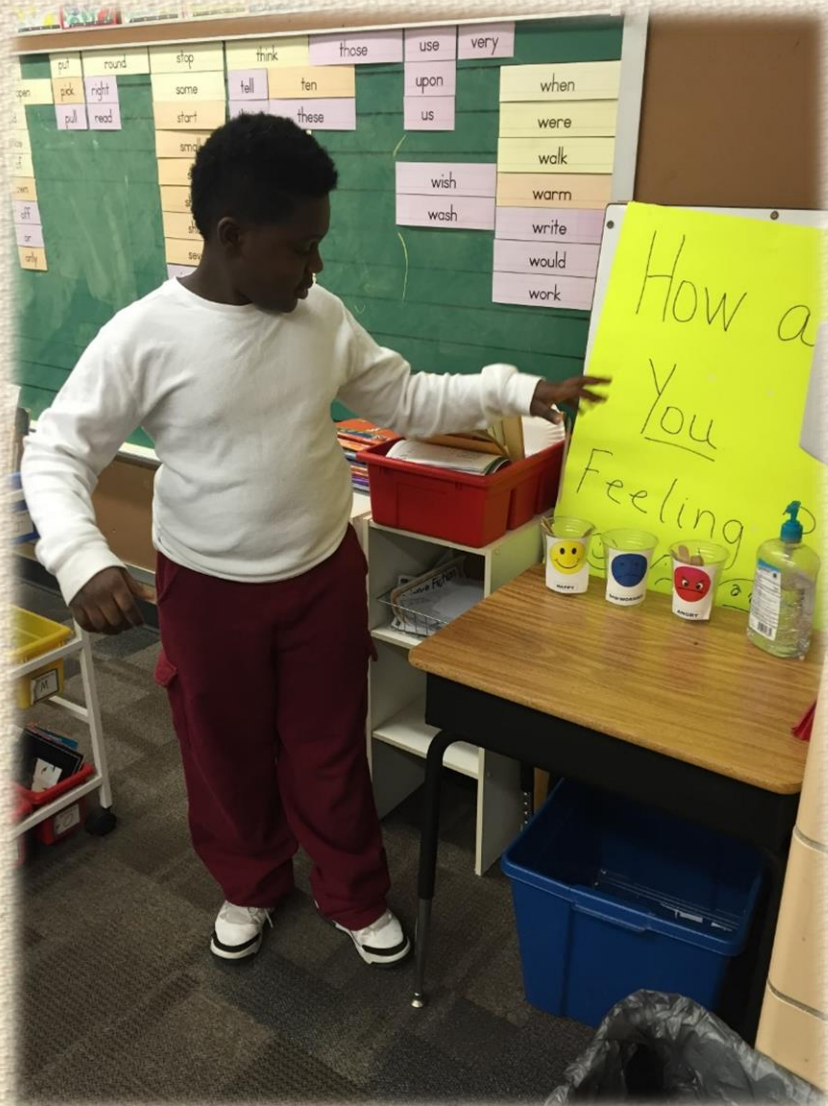
Restorative Practices



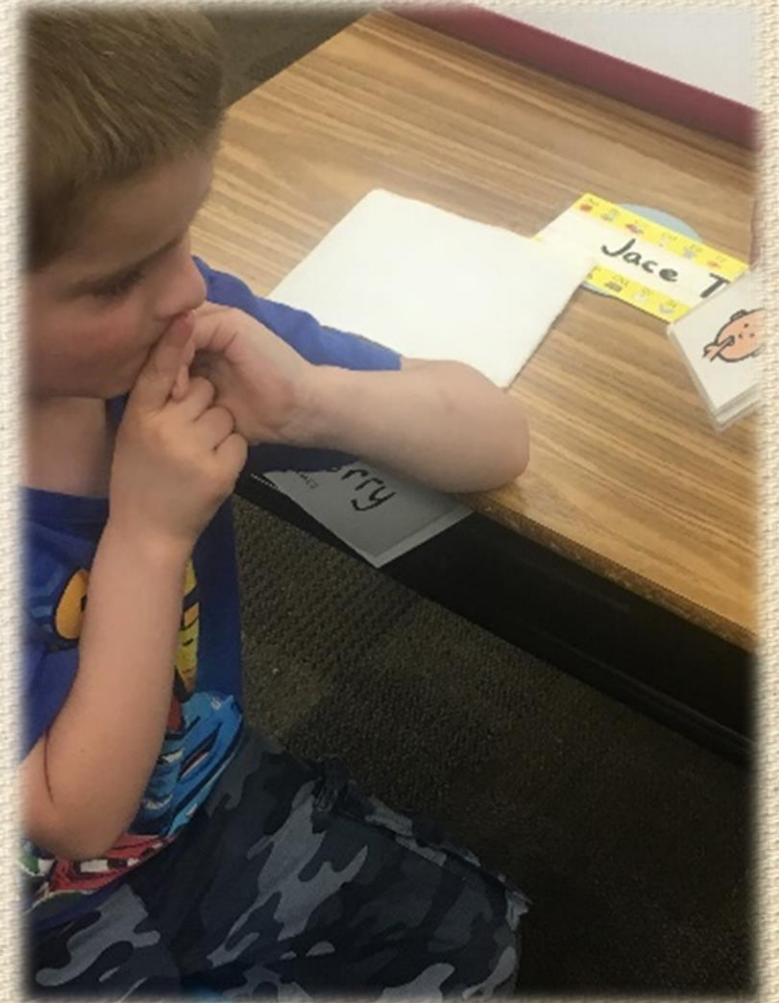
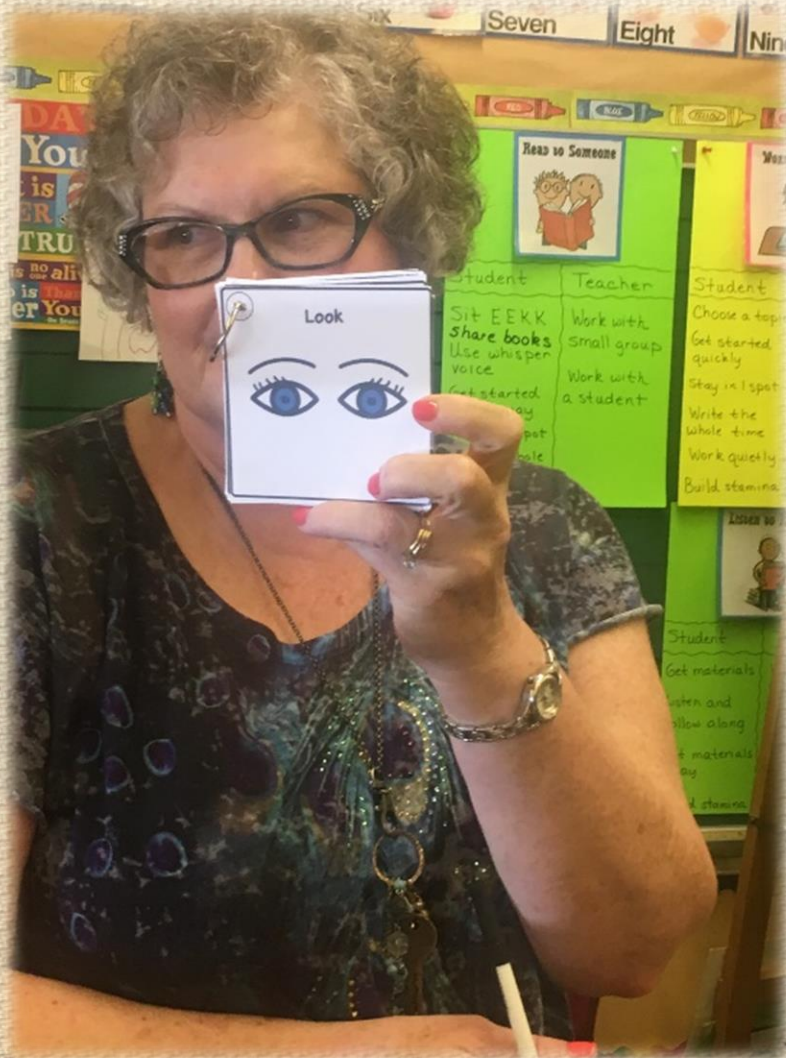
Know Me, Know My Name



Check In












Visuals



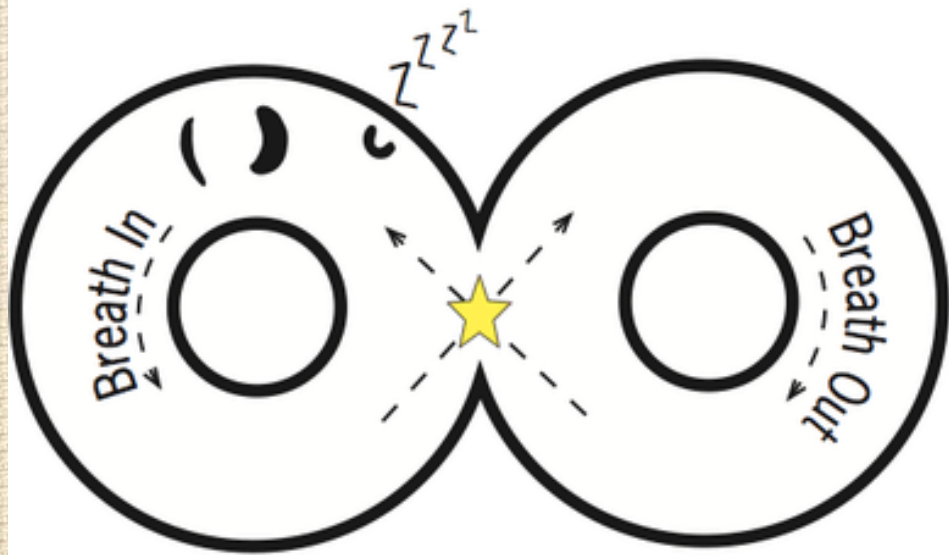
Calming Strategies



 hyper	Exploding	1. I will immediately ask a teacher to cool down in a different space or take a walk
 	Boiling	
 fast engine	Angry	1. I will use my self-talk strategies: - "it's no biggie" - "problems are made to be solved"
	Upset	2. I will go to the cool down area 3. In the cool down area, I can: - take deep breaths - count to 10 - look at calming books
	Frustrated	4. I will stay in the cool down area until I am calm and then I can return to the activity by myself
engine revving	Irritated	
	Nervous	
	COOL	I KNOW I AM DOING A GOOD JOB! -I am doing my work -I am using whole body listening with my teachers and peers -I am using a quiet voice -I am cooperating with peers -I am using expected school behaviors
	CALM	
calm engine	RELAXED	
	Sleepy	1. Ask to go to the bathroom 2. Ask to get a drink of water from the drinking fountain 3. Do brain exercises
slow engine	Tired	
	Sick	
engine off	Blah	

Breathing

Lazy 8 Breathing

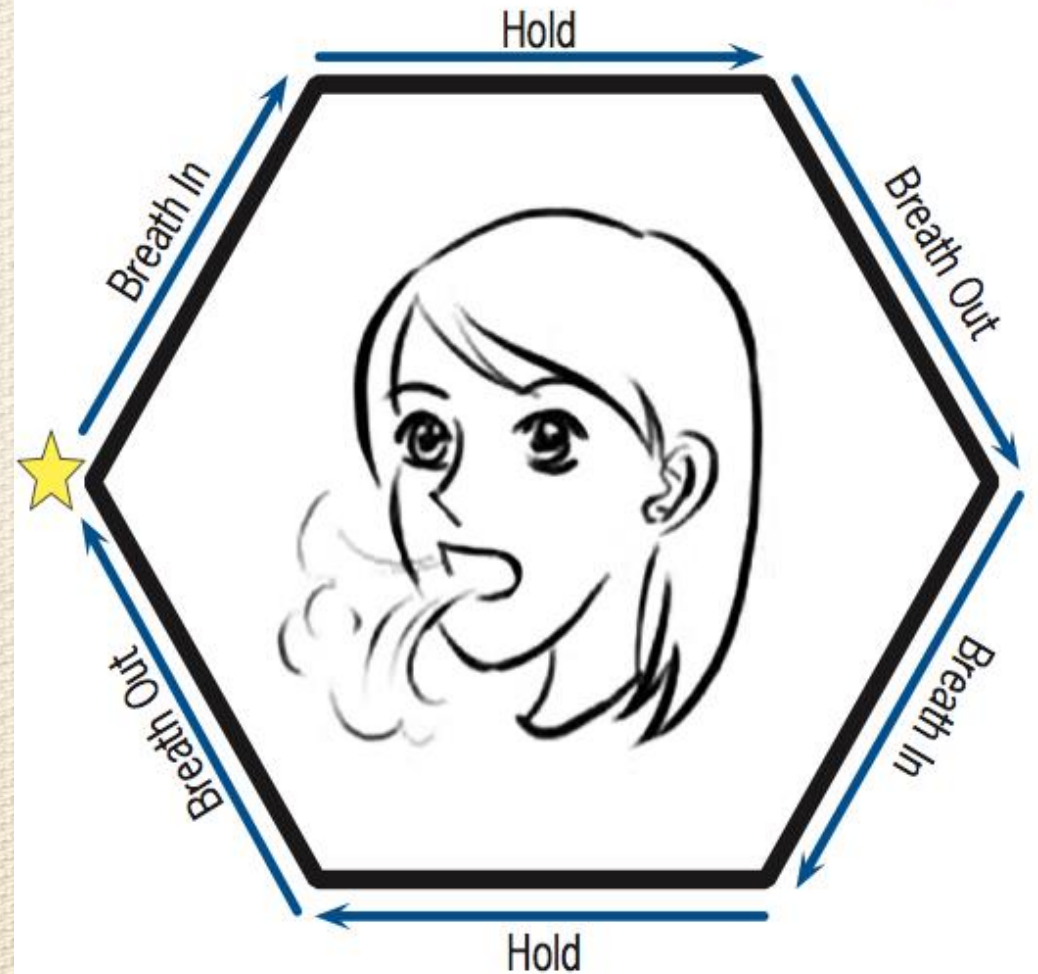


Trace the Lazy 8 with your finger starting at the star and taking a deep breath in.

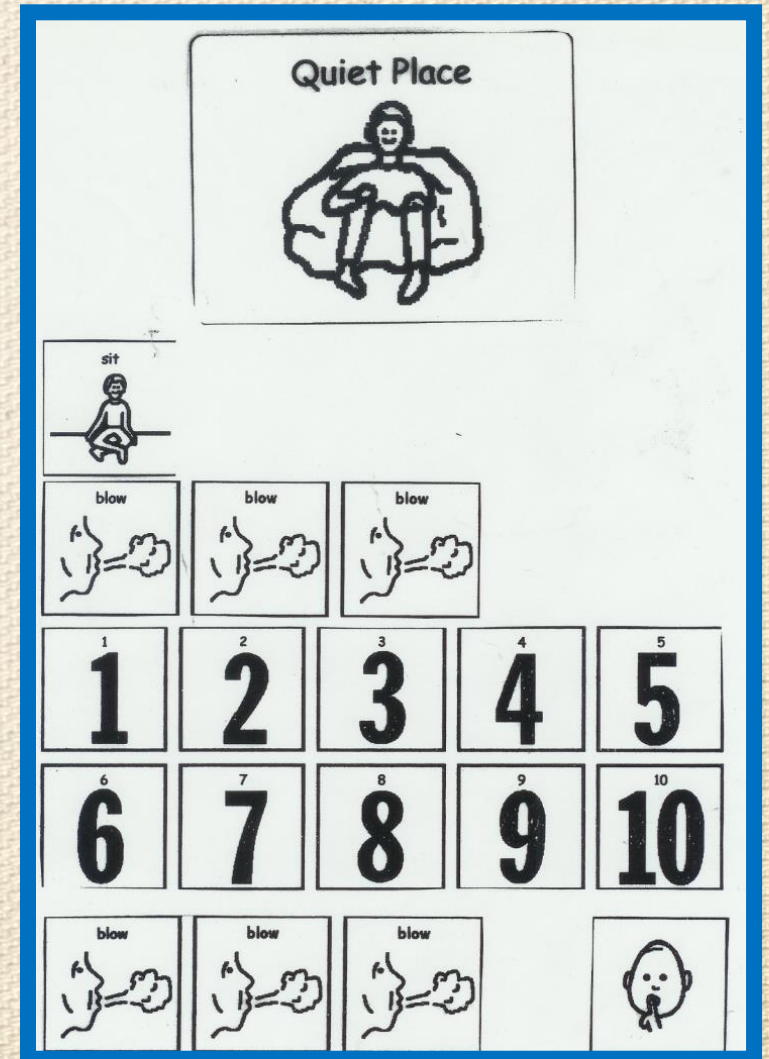
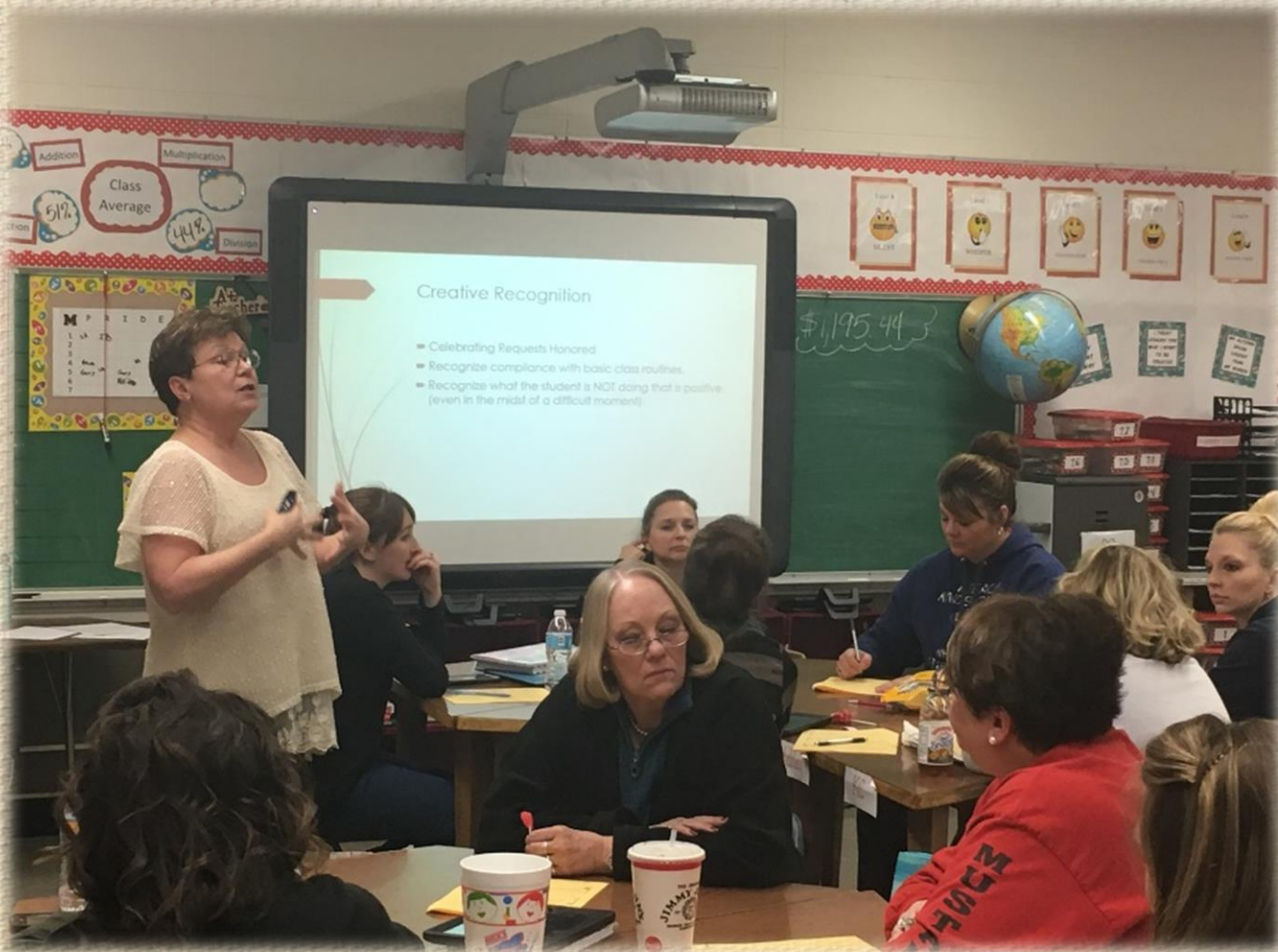
As you cross over to the other side of the Lazy 8, slowly let your breath out.

Continue breathing around the Lazy 8 until you have a calm body and mind.

The Six Sides of Breathing



Safe Place



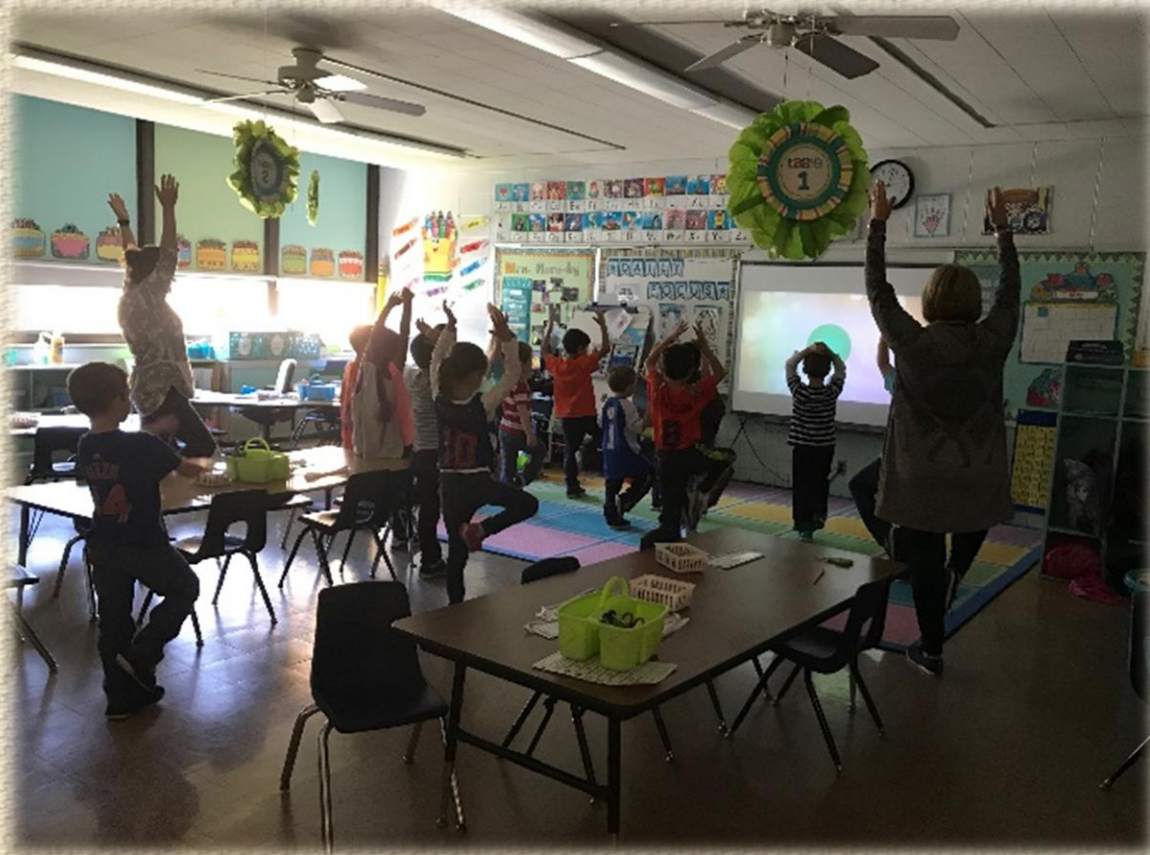
Alternative Seating



Yoga



Mindfulness



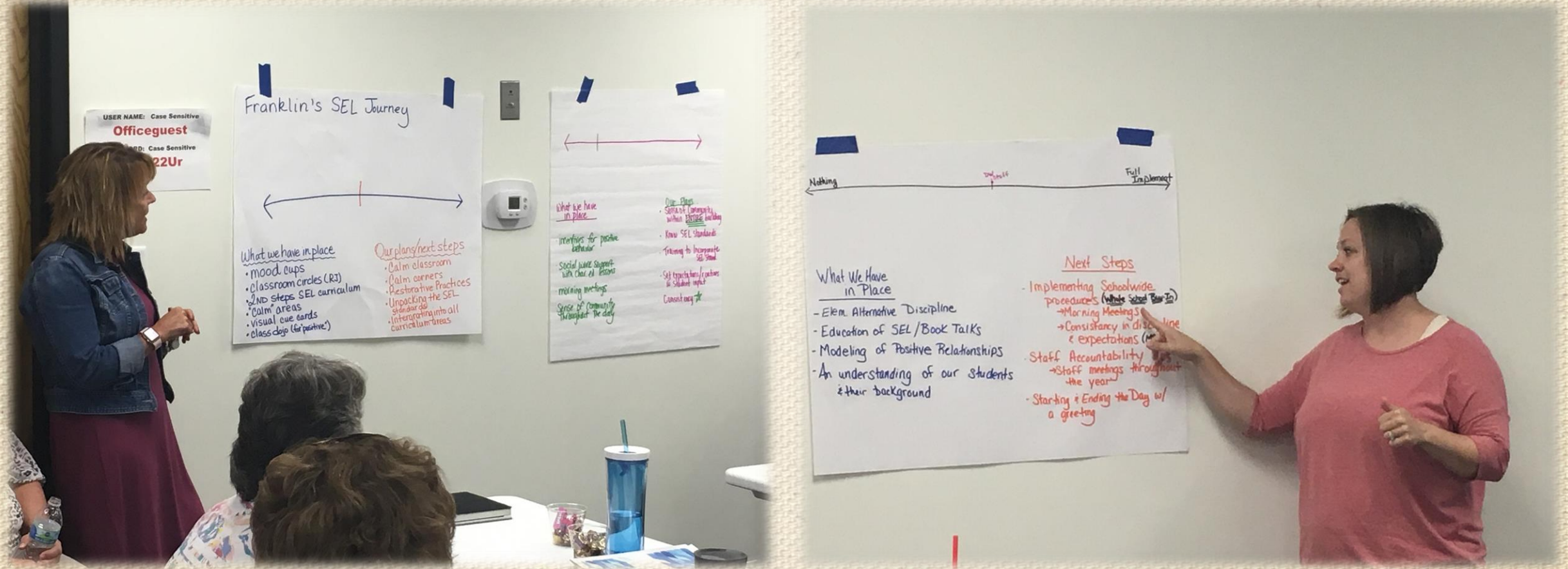
School Visits



Calm Rooms



SEL and CCSS Connection

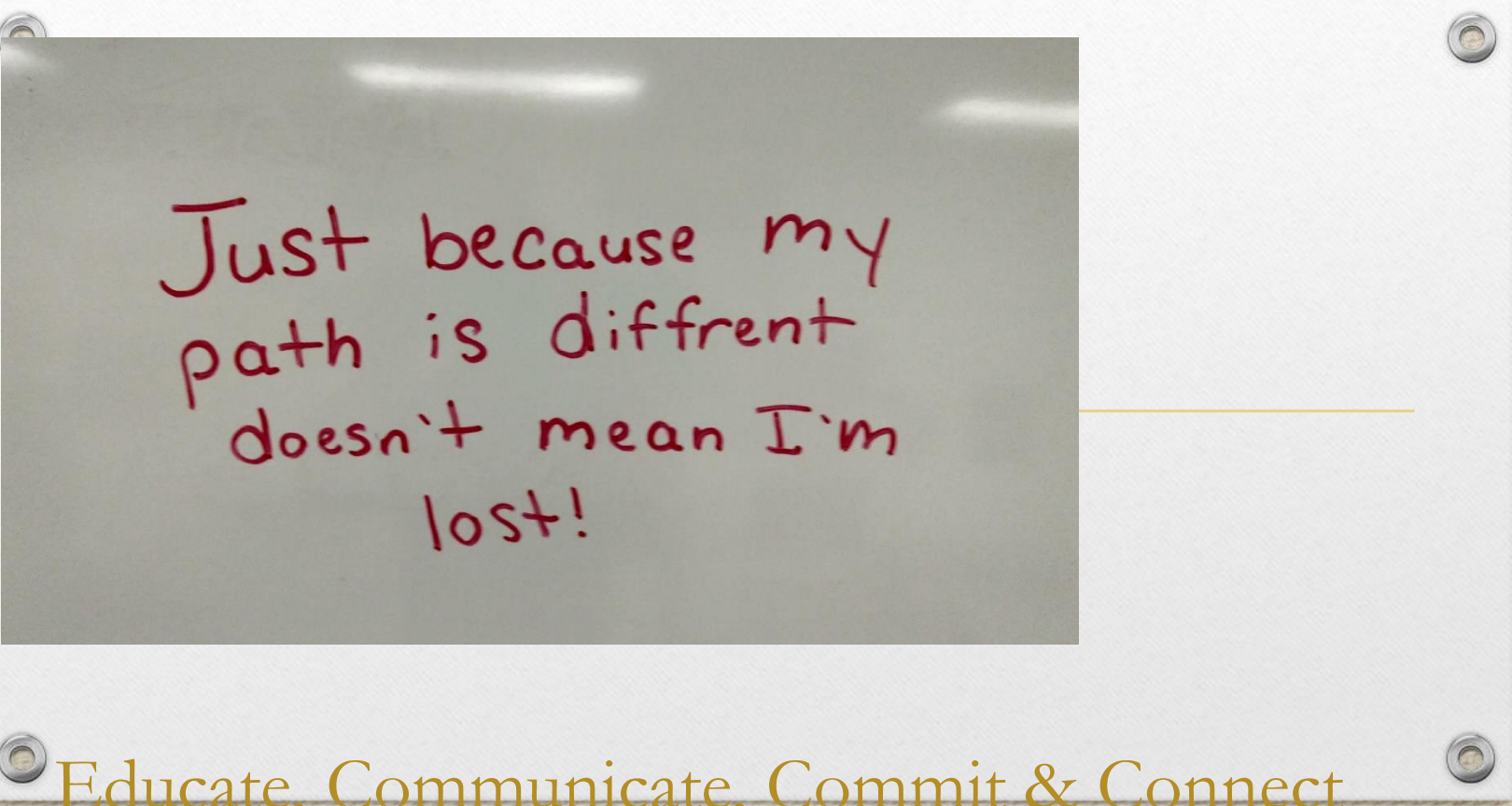




Hurdles

- Time
- Consensus
- Consistency
- Logistics

One School's Program

A photograph of a whiteboard with handwritten text in red marker. The text reads: "Just because my path is different doesn't mean I'm lost!". The whiteboard is mounted on a light-colored wall with four silver fasteners. A thin yellow horizontal line is visible on the right side of the whiteboard, extending from the text area.

Just because my
path is different
doesn't mean I'm
lost!

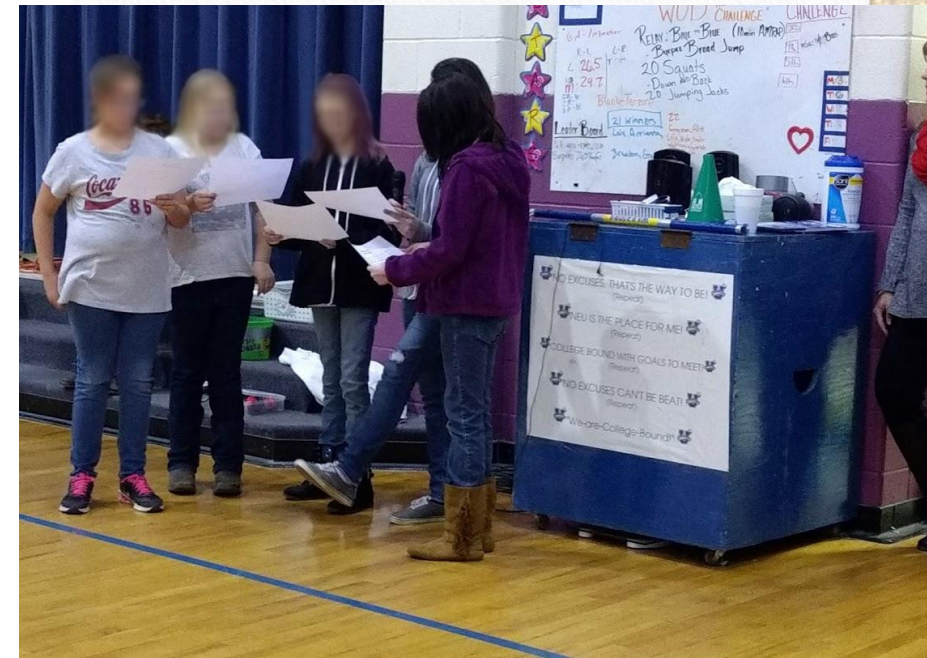
Educate, Communicate, Commit & Connect

We showed we cared... They showed change.



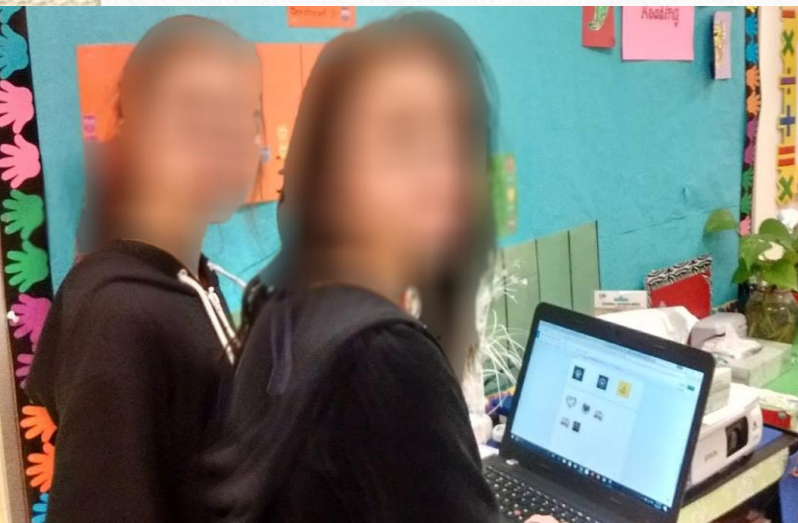
Sister Sales

Our Mission- To make and sell MES Spirit crafts at Basketball games. The proceeds raised will be used to get books and cookies so we can read to little kids. This shows generosity and being good role models.



We open opportunities...

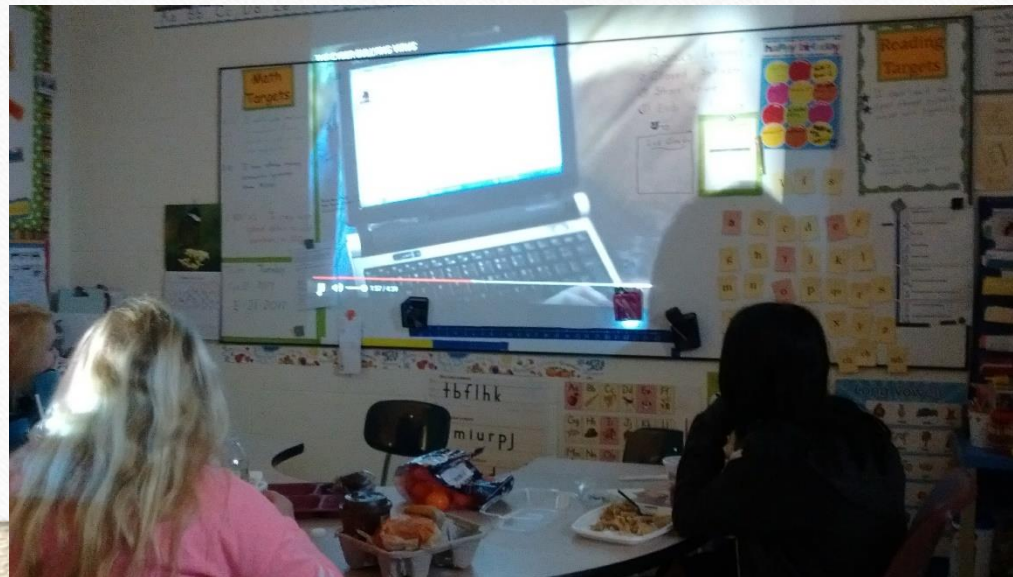
They opened their hearts
and minds.



We help them feel safe...

They took risks.

When it rains look for
rainbows when
its dark look for
stars.



We embraced them...



They embraced each other.



It's okay
to be a
glowstick.
Sometimes
we have to
break before
we **SHINE**

We showed
them they
could
shine...

And they
DID!

